

International Nurses' Day Celebrations: Prevention Is Better Than Cure



A live emergency services demonstration at the foyer area. No one was actually hurt

A male nursing student at University College Sedaya International (UCSI) was the "casualty" in an "accident" that took place in a public place.

He was supposed to have fallen and sprained his ankle. A few minutes later, the siren from a private ambulance rushing to the scene was heard.

Immediately, the rescue team swung into action, watched by nursing students who were learning how to handle an accident victim from emergency services provider, MaxAce Ambulance Service.

The event was held in conjunction with the celebration of International Nurses' Day in Cheras.

The theme for this year's event, according to UCSI's Head of School of Nursing, Professor Dr. Nafsiah Shamsudin is "Prevention is Better Than Cure."

"Besides giving the opportunity to student nurses to showcase what they have learnt, the Nurses' Day celebration also allows them to demonstrate the role of nurses in healthcare and the society," she said.

"Nursing is a profession of practised-discipline and one of the more important roles of a nurse is to promote good healthcare practices."

A staff and a student also took the opportunity to pledge their organs for donation recently at the event.



From left to right:
Jane Yap and Koo Sin Lan

An 18-year-old Applied Science student at UCSI, Koo Sin Lan, also signed up for the organ donation saying that she had thought about it for some time. "I have seen my sister doing it, and I feel there is some use for my organs after I am gone, so why not?" she said.

Also present at the one-day event was the President and Vice Chancellor of UCSI, Peter T. S. Ng, who also officially launched the celebrations by cutting a cake in a simple ceremony.

Seven booths were set up for a mini exhibition, in conjunction with the Nurses' Day celebrations, where tests were conducted (some free of charge and others at a nominal fee) for students and staff of UCSI as well as members of the public.



UCSI's very own Florence Nightingale conducting a blood pressure check for a visitor

School of Nursing lecturer, Jane Yap, 34, said that she has been thinking about donating her organs for a long time since she was working with the National Heart Institute (IJN) in Kuala Lumpur.

"When I was engaged as a nurse with IJN then," she said, "there was always a long waiting list for patients who needed heart transplant and there are not enough hearts to go around. If I leave this world, what use do I have of my heart?"

The organ donation drive came in handy, and Yap who is from the Philippines decided to sign up to donate her organs.



Vice Chancellor Peter T. S. Ng (in suit) and Prof. Dr. Nafsiah cutting the cake to commemorate Nurses' Day as staff and students look on